shine

Form time / PSHE: teacher notes

20–30 minutes · Supports Gatsby Benchmark 4: linking curriculum learning to careers

Myth

There’s one right path after school.

Truth

There are loads of good routes — and you can change direction.

Learning objectives

- Name at least four post-16 routes.
- Link personal interests and strengths to possible routes.
- Know where to explore routes further.

Lesson plan

5 min	Slide 1–2: myth vs truth. Ask for a show of hands: who thinks there is one “right” path?
10 min	Slide 3: route finder activity on the student sheet, individually then in pairs.
5 min	Slide 4: routes overview. Ask pairs to share one route they chose and why.
5 min	Slide 5: exit question. Optional: scan the QR to explore a personalised plan.

Answers and guidance

- There are no wrong answers. Encourage students to name a real reason (an interest or strength) for each route.
- Common confusion: T Levels are equivalent to three A Levels and include an industry placement of at least 45 days.

Free from Shine (shineai.tech/teacher-resources). Edit and share freely within your school.

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Route finder: three questions

Form time / PSHE · Student sheet

Name _____ Class _____

1. Write three things you enjoy doing (in or out of school).
2. Write two things people say you are good at.
3. Pick two routes from the list that could use them — and say why.

Three things I enjoy

Two things I'm good at

Route 1 I could explore — and why

Route 2 I could explore — and why

Exit question: which route had I not thought about before?

Want a plan for your own route?

Free for 16–24s: shineai.tech/signup

Optional — scan the code if you want to explore.